

**Multimedia Appendix 2.** The candidate Context-Mechanism-Outcome configurations.

<b>User characteristics</b>	<b>Delivery Context</b>	<b>PSD Mechanism</b>	<b>Anxiety Outcome</b>
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Tailoring	Reduction in symptoms
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Personalization	Reduction in symptoms
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Self-monitoring	Reduction in symptoms
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Simulation + Social learning	Reduction in symptoms
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Rehearsal	Reduction in symptoms
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Suggestions	Reduction in symptoms
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Similarity + Liking	Reduction in symptoms
Children and/or adolescents with mild-to-moderate anxiety symptoms or an anxiety disorder(s)	Adjunct therapist, parent and/or professional support	Social role + Expertise	Reduction in symptoms